Good Shepherd Episcopal Church



The Village of Pine Grove, Virginia



The First Sunday in Lent March 9, 2025

Welcome to Good Shepherd Church We are so glad you are here or joining us online!

AAAAAAA CALENDAR

SUN Mar 9	The First Sunday in Lent
	Daylight Saving Time starts

11:00 a.m. Holy Eucharist, with The Rev. Cathy Tibbetts

TUE Mar 11 Women's Al-Anon in the Parish Hall (noon to 2 p.m.)

WED Mar 12 Lenten Program: Jesus' Sermon on the Mount, 6–8 p.m. in the Parish Hall (see Notices)

SAT Mar 15 Vestry Retreat, 9 a.m. - 3 p.m. in the Parish Hall

SUN Mar 16 The Second Sunday in Lent

11:00 a.m. Holy Eucharist with the Rev. Deborah Rutter
LEM & Prayers: Janet Locklear Zoomer: Judy Hall
Lay Readers: Christine Kestner & Ron Edwards

TUE Mar 18 Women's Al-Anon in the Parish Hall (Noon to 2 p.m.)

WED Mar 19 Lenten Study, 6–8 p.m. at the church (see Notices)

THU Mar 20 Vestry Meeting, 10–11:30 a.m. in the Parish Hall

SAT Mar 22 AA Meeting, 7–10 p.m. downstairs in the Parish Hall

SUN Mar 23 The Third Sunday in Lent

11:00 a.m. Morning Prayer, with Tim Hall

Lay Readers: Bethany & Rick Whitehouse

Zoomer: Judy Hall

MON Mar 24 Last day for FISH food donations

TUE Mar 25 Morning FISH delivery, followed by...

10:00 a.m. Preparation of "to-go" meals (Parish Hall basement)

Noon Women's Al-Anon in the Parish Hall (to 2 p.m.)

WED Mar 26 Distribute FISH "to-go" meals (morning)

6:00 p.m. Lenten Study, to 8 p.m. at the church (see Notices)

Please note that **we do not pass the plate** to collect the offering. You may leave your gifts in the offering plate on the table in the Narthex as you enter or leave the church.

THE HOLY EUCHARIST: RITE ONE WITH A PENITENTIAL ORDER: RITE ONE

Celebrant: The Rev. Cathy Tibbetts LEM/Prayers: Tim Hall | Zoomer: Penni Tidwell Lay Readers: Kelly Macoy & Lee Ruddle

Welcome and Introduction

Opening Acclamation

BCP, p.319

Celebrant Bless the Lord who forgiveth all our sins.

People His mercy endureth for ever.

The Decalogue: Traditional

BCP, p.317

God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not take the Name of the Lord thy God in vain.

Lord have mercy upon us, and incline our hearts to keep this law.

Remember that thou keep holy the Sabbath day.

Lord have mercy upon us, and incline our hearts to keep this law.

Honor thy father and thy mother.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt do no murder.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not commit adultery.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not steal.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not bear false witness against thy neighbor.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not covet.

Lord have mercy upon us, and incline our hearts to keep this law.

The Celebrant continues

Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Matthew 22:37-40

The Deacon or Celebrant then says

Let us humbly confess our sins unto Almighty God.

Silence may be kept

Minister and People

BCP, p.320

Almighty and most merciful father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts,

we have offended against thy holy laws, we have left undone those things which we ought to have done,

and we have done those things which we ought not to have done.

But thou, O Lord, have mercy upon us, spare thou those who confess their faults,

restore thou those who are penitent,

according to thy promises declared unto mankind

in Christ Jesus our Lord;

and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

The Bishop when present, or the Priest, stands and says
The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen**.

Celebrant Lord have mercy upon us.

People Christ have mercy upon us.

Celebrant Lord have mercy upon us.

The Lord be with you.

People And with thy spirit.

Celebrant Let us pray.

Collect of the Day

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

The Old Testament: Deuteronomy 26:1-11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this

land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

The Word of the Lord.

People Thanks be to God.

Psalm 91:1-2, 9-16

Said responsively by half verse

Qui habitat

- 1 He who dwells in the shelter of the Most High, * abides under the shadow of the Almighty.
- 2 He shall say to the LORD,

"You are my refuge and my stronghold, * my God in whom I put my trust."

- 9 Because you have made the LORD your refuge, * and the Most High your habitation,
- 10 There shall no evil happen to you, * neither shall any plague come near your dwelling.
- 11 For he shall give his angels charge over you, * to keep you in all your ways.
- 12 They shall bear you in their hands, * lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; * you shall trample the young lion and the serpent under your feet.
- 14 Because he is bound to me in love, therefore will I deliver him; * I will protect him, because he knows my Name.
- 15 He shall call upon me, and I will answer him; *

I am with him in trouble; I will rescue him and bring him to honor.

16 With long life will I satisfy him, * and show him my salvation.

The Epistle: Romans 10:8b-13

"The word is near you, on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

The Word of the Lord.

People Thanks be to God.

Then, the Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory be to thee O Lord

People Glory be to thee, O Lord.

The Gospel: Luke 4:1-13

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.""

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you, to protect you,' and

'On their hands they will bear you up, so that you will not dash your foot against a stone."

Jesus answered him, "It is said, 'Do not put the Lord your God to the test." When the devil had finished every test, he departed from him until an opportune time.

The Gospel of the Lord.

People Praise be to thee, O Christ.

The Sermon

The Rev. Cathy Tibbetts

The Nicene Creed

BCP, p.326

The Officiant and People together

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven: was incarnate of the Holy Spirit and the Virgin Mary, and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People, Form III

BCP, p.387

The Leader and People pray responsively

Father, we pray for your holy Catholic Church; That we all may be one.

Grant that every member of the Church may truly and humbly serve you; That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world; That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake; That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble; That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy; May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. *Silence*

The People may add their own petitions
[see Friends and Family prayer list on back page]

The Celebrant concludes with a suitable Collect.

The Peace

Celebrant The peace of the Lord be always with you.

People And with thy spirit.

Greetings and Announcements (Please be seated)

THE HOLY AND SPIRITUAL COMMUNION

The Offertory

The Celebrant begins the Offertory with a sentence of Scripture.

The People stand for the Doxology

Hymn 380 v.3 "Praise God from whom all blessings flow" Old 100th

The Great Thanksgiving Eucharistic Prayer II

BCP, p.340

Celebrant The Lord be with you.
People And with thy spirit.
Celebrant Lift up your hearts.

People We lift them up unto the Lord.

Celebrant Let us give thanks unto our Lord God.

People It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

Holy, holy, holy Lord, God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the name of the Lord. Hosanna in the highest. The People may be seated or kneel
Then the Celebrant continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may be made

one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now as our Savior Christ hath taught us, we are bold to say,

People and Celebrant

BCP, p.336

Our Father who art in heaven, hallowed be thy Name. thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Celebrant: Christ our Passover is sacrificed for us. People: Therefore let us keep the feast.

An Invitation to a Spiritual Communion

A spiritual communion is a personal devotional that can be prayed at any time to express a desire to receive Holy Communion when circumstances prevent a person from actually receiving Holy Communion.

The Act of Reception

The Celebrant invites the following prayer to be said by all <u>virtual</u> participants.

Lord Jesus, I believe that you are truly present in the Holy Sacrament.

And, since I cannot at this time receive communion, I pray you to come into my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

The following prayer may be said. The People may join in saying this prayer

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Celebrant says the following

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

After communion, the Celebrant says Let us pray.

Celebrant and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

The fast that I like, says the Lord, is the breaking of the chains of evil, the untying of the bonds of slavery.

It is freeing the oppressed, and welcoming the poor into your home.

It is clothing the person you find naked, and not despising your neighbor. Then, if you cry, God will answer; if you call, God will say: I am here. And the blessing of God Almighty, the Father, the Son and the Holy Spirit be upon you to heal and transform you in this Lenten season. **Amen.**

The Dismissal

******** NOTICES

Fasts During Lent

Music Fast: In a first for Good Shepherd, we will observe a "music fast" for most of the Sundays in Lent, beginning today. The spoken or "said" services will be stripped to their more basic elements and are a way to focus our worship in this season of sorrow, to be more prayerful and penitent, and to reflect on the meaning of the liturgy. This fast will also be a time when our musicians can enjoy a well-earned Sabbath rest from their work of preparing for and leading the music every Sunday, and of researching music for the choir during the holidays. We will appreciate them all the more when they return at the end of this music fast.

Daniel Fast Anyone interested in undertaking a **Daniel Fast**, modeled after the fast from the king's food that Daniel followed in Daniel 1:8-16 at the beginning of his training in the Babylonian court, can contact Christine Kestner for guidance (christinekestnerchc@gmail.com).

Altar Flowers: During Lent, we will also fast from altar flowers. But as we look forward to Easter and the Bishop's visit, your gift of flowers is a wonderful way to give thanks for or to remember a loved one. Please contact Judy Hall if you'd like to contribute flowers or funds for either of those occasions. Your memorials will be listed in the bulletins.

LENTEN STUDY

There's still time to sign up to join us for a simple evening meal of soup, salad, and bread, lively discussions, and Compline. For six Wednesdays beginning March 12, the Rev. Cathy Tibbetts will lead a Lenten exploration using the book by Amy-Jill Levine "Sermon on the Mount: A Beginners Guide to the Kingdom of Heaven." We will meet

from 6 p.m. to 8 p.m. in the Parish Hall, with online discussion starting at 7 p.m. Please register with Tim Hall so we can be sure to have enough books for everyone. In preparation for the first get together, please read chapters 5 thru 7 from Matthew's Gospel.

OUR COMMUNITY



We continue to support FISH of Clarke County (36 E. Main St., Berryville) with donations of food and supplies. In February, we donated 35 pounds of food and

toiletries, and prepared and distributed 40 "to-go" meals. Our next donations will be delivered on Tue., March 25. "To-go" meals will also be prepared on Tue., March 25 and given out on Wed. Feb. 26. If you'd like to be involved in or lead this wonderful and growing ministry in 2025, talk to Judy Hall.

On Sun., March 30, FISH director Anne Cushman will be speaking to us about FISH's work, new initiatives to help the community, and upcoming changes that may make food sourcing even more difficult than it already is. As our only year-round outreach effort, FISH is an important part of Good Shepherd's outreach ministry, so please come to learn how we can better support its necessary work in Clarke County.

BISHOP VISITATION

The Rt. Rev. E. Mark Stevenson will be visiting Good Shepherd on Sun., April 27. As is customary during such visits, the Bishop will lead worship and celebrate at the Lord's Table. Immediately following the service, the Bishop will join us for a time of fellowship and informal conversation concerning any and all aspects of life and the mission of the Episcopal Diocese of Virginia.

WOMEN'S AL-ANON GROUP

A small group of five women has started holding Al-Anon meetings at Good Shepherd. They meet every Tuesday from noon to 2 p.m. in the Parish Hall. The group is using the book "Path to Recovery" and welcomes any other women who would like to participate.

PRAYERS

Please pray for our neighbors and for ways we can serve the community.

Friends and Family: Vicki Hooper (in-law of the Halls); Michael Finnerin (family friend of the Whitehouses); Rose Holden; Pine Grove Group AA; Terry (our neighbor Gertrude's niece); Lois Tapscott; Nancy Prestipino (former organist); Bishop Gayle Harris; Nancy Holden (Rose's sister-in-law); Becky Loker (the daughter of a friend of the Halls); Dianne Brumback & family (The Village Market); Eileen Cawood; Jordan Williams (Lois's nephew); Pam Huff (Rose's friend); The Keelor and Mowe families; Nathaniel Cawood (Eileen's son) and his wife Abbie; Jon Ecklund (Christine's brother-in-law); Jean Ames (Judi Floyd's neighbor); Lovette and the Rev. Michael Sie; Nancy Kelley; Kevin Tapscott (Lois's nephew); Yvette Webster (Rachel's partner); Craig Eney (Andrea's brother in law); Hyden McClain (Nancy Kelley's great grandson); Cat Cox (Retreat neighbor); Bobby Duke (our neighbor); Rose Eiseman (Judi Floyd's friend's niece); Dane Toler (Lee's spouse); The Adamson Family in Russia, especially Chris; Dusty Bailey and Ted Weaver (Charlene's friends); Martha Hayes; Lee Ruddle; David Aikman (Charlene's husband); Tim & Cindy Ingram; Michael Mohn (previous clergy); Kathleen Franz (Kelly's mother); Roberta Adams (Tim Ingram's friend); Geraldine Kolowski, Sam Myers, John West, and Kenny Lucas (Darlene's friends & family).

In thanksgiving for the lives of Richard Sauer (Cindy Ingram's father), July 8, 1934 to February 22, 2025; and Deb Piplani (Rev. Deborah Rutter's friend), died March 5, 2025.

To add someone to or remove someone from the prayer list, send an email to prayerlist@goodshepherdbluemont.org

GOOD SHEPHERD EPISCOPAL CHURCH

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Senior Warden: Judy Hall Register: Janet Locklear Junior Warden: Penni Tidwell Treasurer: Tim Hall